CSFP Encourages Regular Health Care

Ask about other health care services for you and your family.

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For more information contact:

- ❒ United Methodist Urban Ministry of Wichita, Inc.
  1545 N Mosley
  Wichita, Kansas 67214
  (316) 267-0511

- ❒ Let's Help, Inc.
  215 SE Quincy
  Topeka, KS 66603
  (785) 234-6208

- ❒ Cross-Lines Cooperative Council, Inc.
  736 Shawnee Avenue
  Kansas City, Kansas 66105
  (913) 281-3388

Distributed by:
KDHE, BCYF, Nutrition and WIC Services
900 SW Jackson, 10th Floor
Topeka, Kansas 66612-1274 | (785) 296-1320

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Commodity Supplemental Food Program

Sponsored By:
United States Department of Agriculture

Administered By:
Kansas Department of Health and Environment (KDHE) and Social and Rehabilitation Services (SRS)

What is CSFP?

CSFP is the Commodity Supplemental Food Program. It is a USDA-federally funded program that provides food and nutrition education to income eligible pregnant, breastfeeding, and postpartum women, infants, children, and elderly.

Who qualifies for CSFP?

- ❒ Women who are pregnant, breastfeeding or postpartum (up to 1 year after delivery),
- ❒ Infants,
- ❒ Children (up to six years old), and
- ❒ Elderly (60 years of age or older).

To apply, you must live in one of the service areas of Sedgwick, Shawnee, or Wyandotte County.

For women, infants, and children:

- ❒ household income is based on 185% of the poverty level.

If you are receiving benefits from Food Stamps, TAF, or Medicaid, you are automatically eligible for CSFP benefits.

A person cannot receive WIC and CSFP benefits in the same month.

For the elderly:

- ❒ household income is based on 130% of the poverty level.

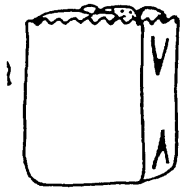
If you participate in CSFP, it will not cut down on your food stamps or any other government assistance.

What does CSFP provide?

CSFP provides nutritious food and nutrition education.

Nutritious Food

- ❒ CSFP will give you food to supplement your regular diet.



Nutrition Education

- ❒ You will learn how to plan meals.
- ❒ You will learn how to use foods you receive from CSFP.
- ❒ You will get recipes.

What kinds of food do you get from CSFP?

CSFP foods may include:

- ❒ Cereal
- ❒ Canned Juice
- ❒ Peanut butter
- ❒ Dried beans/peas
- ❒ Canned meat
- ❒ Evaporated milk
- ❒ Nonfat dry milk
- ❒ Canned fruits
- ❒ Canned vegetables
- ❒ Dehydrated potatoes
- ❒ Rice
- ❒ Cheese
- ❒ Infant formula
- ❒ Infant cereal

The kind of foods you will get will change each month.